



PROGRAM

ST. MORITZ RUNNING FESTIVAL

2023



Friday, 11. August 2023



Time	Place	Program
9.00 – 10.30 am.	Bever	Bib distributuion Crossing Engiadina
11:00 am.	Bever	Start 1. Stage Crossing Engiadina „Trail da Glüsch“
From 01:00 pm.	Festival Village	Arrival of the first participants
03:00 – 05:30 pm.	In front of Reithalle	Bib distributuion Free Fall Vertical, Sommerlauf, Run Pontresina, Race for the Cure
01:00 – 05:00 pm.	Hotel Laudinella	Sports & Health Summit
04:00 – 05:00 pm.	Hotel Laudinella	Yoga for Everybody
From 05:30 pm.	Festival Village	Race for the Cure
02:00 – 06:00 pm.	Festival Village	Sponsorsvillage
01:00 – 08:00 pm.	Festival Village	Food – Festival
07:00 pm.	Festival Village	Award ceremony Crossing Engiadina
From 06:30 pm.	Festival Village	Dinner Race for the Cure

Saturday, 12. August 2023



Time	Place	Program
08.00 – 09.00 am.	Festival Village	Lakeside Yoga with Ursina
08:00 - 10:00 am. 10:00 - 12:00 am. 02:00 - 05:00 pm.	In front of Reithalle	Bib distributuion Free Fall Vertical, Kids Race Bib distributuion Kids, Sommerlauf, Run Pontresina Bib distributuion Sommerlauf, Run Pontresina,
until 09:30 am.	Festival Village	Dispensing Effects Free Fall Vertical
10:30 am.	Festival Village	Start Free Fall Vertical
Ca 11:15 am.	Plattform Free Fall (Corviglia)	Arrival of the first participants
11:30 am. – 01:30 pm.	Festival Village	Kids Race all categories
10:00 am. – 01:00 pm.	Festival Village Kids Corner	Offers for Kids
02:00 pm. 03:00 pm.	Festival Village	Award ceremony Kids Race Award ceremony Free Fall Vertival, Crossing Engiadina
09:30 am. – 06:00 pm.	Festival Village	Sponsorsvillage
04:00 – 05:00 pm.	Hotel Laudinella (or outdoor)	Pre-Race-Yoga
11:00 am. – 07:00 pm.	Festival Village	Food – Festival

Sunday, 13. August 2023



Time	Place	Program
08:00 – 10:00 am.	Rondo Pontresina	Bib distribuion Run Pontresina
08:00 – 10:00 am.	School Sils	Bib distribuion Engadiner Sommerlauf
09:00 – 11:00 am.	Lej da Staz	Lakeside Yoga, Brunch & "Fanen"
10:00 am.	Rondo Pontresina	Start Run Pontresina
10:15 am.	School Sils	Start Engadiner Sommerlauf
10:45 am.	Festival Village	Arrival of the first participants Run Pontresina
ca. 11:30 am.	Festival Village	Arrival of the first participants Engadiner Sommerlauf
10:30 am. – 03:00 pm.	Festival Village	Sponsorsvillage
10:30 am. – 04:00 pm.	Festival Village	Food – Festival
11:30 am. – 02:30 pm.	Festival Village Kids Corner	Offers for Kids
03:00 pm.	Festival Village	Award ceremonies Sommerlauf und Run Pontresina
12:00-05.00 pm.	Chill-Out-Area	Patschific au lac
from 05.00 pm.	Festival Village	End of the Event