



Press release

Engadiner and Vertical Sommerlauf "light"

The Special Edition 2020 on August 15th and 16th, 2020

Samedan, August 13th, 2020 - **This year's Engadiner Sommerlauf will take place in a slightly different form due to the current situation. The popular running event will start in two blocks with 250 and 200 participants in Sils-Furtschellas, and the shorter Muragl run will be carried out in reverse. Both the Engadiner Sommerlauf and the Vertical Sommerlauf are already fully booked and have a very large field of participants.**

This year everything is a little different, including the Engadiner Sommerlauf. For this year's edition of the run, the route was slightly adapted, and a corresponding protection concept was developed. Nonetheless, the participants can look forward to a unique running experience in the fascinating mountain world of the Engadin. This year the route runs along the six glittering mountain lakes from Sils to Samedan. Most of the 20.6 km will be run on the original route from 1980. To ensure everyone's safety and health, there will be two starting blocks with 250 and 200 runners each.

Lots of top athletes at the Engadiner Sommerlauf

In order to be able to free up the finish area in Samedan - Promulins, the Muragl-Lauf will be run as a shorter variant over 6.7 km this year in reverse order, i.e. from Samedan to Pontresina. Numerous top athletes who are currently training at high altitude in Engadin have registered for the Engadin Sommerlauf. Among those registered is Martin Schäfli, who is celebrating his anniversary and is running for the 41st time this year. "For me, the Special Edition 2020 is about feeling the 'natural flow' of the Engadin, this year the run is even more enjoyable than usual. The changed route brings back fond memories of the past and I'm very happy on it." The Engadiner Sommerlauf also attracts professional triathletes to take part. With the Italian Giulio Molinari, a 3-time and reigning European champion of the triathlon middle distance, is at the start.



The implementation of the three runs this year is only possible thanks to strong partners, above all the gold sponsors Migros and On. Andreas Aeschmann, Head of Sponsoring Migros Ostschweiz, on the commitment of Migros: “Running still inspires the masses and will continue to do so in the future. In order to keep this success high, MIGROS is involved in over 20 of the most beautiful running events in Switzerland - including the Engadiner Sommerlauf for the first time. That makes us very proud. We are pleased to be a part of this attractive running event as the main sponsor.”

Claudio Deller from On is also happy to be actively involved in the run in the Engadin mountains: “We are happy to be the main sponsor of the ESL 2020. Born in the Swiss Alps, the strong connection to the Engadin and the expansion of our products in the field of trail running / outdoor have moved us to this commitment. Due to the current situation, we have adjusted all activities related to the event. For us, too, the health of the participants and the present protection concept have top priority.”

Swiss Ski athletes at the Vertical Sommerlauf

This year's mountain run will start the day before on August 15th, 2020 at the Signalbahn in St. Moritz Bad. After 8.1 km and an altitude of 900 meters, the participants will reach the finish at the Corviglia mountain station. An exciting race is expected! In addition to last year's winner Flurina Eichholzer-Bott and the winner of the 1st Vertical Sommerlauf Victoria Kreuzer, which is also registered for the Engadiner Sommerlauf, some athletes are registered for the Swiss Ski cross-country team. The participants include Laurien Van Der Graaff, the siblings Nadine and Cyril Fähndrich and numerous young athletes from the B and C squads. The Engadiner Sommerlauf also attracts professional triathletes to participate. Roberto Delorenzi, K23 Vertical World Champion from the Ticino-based Pini Factory Racing Team, who will start for the first time, will also bring a lot of fighting spirit and top form.

The Engadiner Sommerlauf as a virtual race

Those who have not been able to secure a starting place can also contest the Engadiner Sommerlauf as a virtual race this year. With viRace, the route can be run virtually without being physically on site. The participants receive regular live updates on their own interim results via headphones. The app can be downloaded for free from Google Play and the App Store.



The Engadiner Sommerlauf team around President Anne-Marie Flammersfeld is in a positive mood despite the extraordinary situation and is pleased to be able to carry out this special edition with all three runs: "Running is the most beautiful sport in the world, and in the Engadin the breathtaking mountain panorama and the blue shimmering lakes are particularly beautiful. With this implementation of the event, we want to achieve a bit of normalcy. I am convinced that we will experience two unforgettable days of racing and I am really looking forward to welcoming the participants to the Engadin."

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